

ART in the 21st Century: A Time for Reflection and New Horizons - Part 1

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As we move ahead in the 21st Century and the first child conceived through IVF has turned 25, it is time not only to reflect on the development of the field of human ART but also to look forward to the next generation of technologies that will impact patient treatment in the years to come.

Certainly there is a global movement to reducing the number of embryos transferred, in some countries reducing this to a single embryo, while there is also a growing voice regarding the safety of ART procedures.

The aim of this symposium was to address the question of how can we, as a medical and scientific community, move to reducing the number of embryos transferred, ultimately to a singleton, while also addressing concerns regarding the potential problems to parents and children associated with IVF.

OBJECTIVES

At the end of this symposium the participants were able:

- To ascertain the role and efficacy of different ovarian stimulation regimens;
- To evaluate the clinical significance of in vitro maturation;
- To assess the safety of current laboratory procedures;
- To describe advances in embryo assessment criteria to facilitate single embryo transfer.

TARGET AUDIENCE

Scientists, clinicians, embryologists, biologists, paramedical staff, working in the field of reproductive medicine, as well as health institutions managers benefited from this symposium.

ACCREDITATION

Serono Symposia International Foundation (www.seronosymposia.org) has submitted the following CME activity for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME). The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

This program ART in the 21st Century: A Time for Reflection and New Horizons - Part 1" (November 11-12, 2005) has been approved by EACCME for a maximum of 12 (twelve) hours of European external CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

CME accreditation of this program, "ART in the 21st Century: A Time for Reflection and New Horizons - Part 1" (November 11-12, 2005) will be applied for from the RIZIV, Belgium and from the Italian Ministry of Health.

