

## Course Description

The following course is based on a presentation at the Serono Symposia International Foundation event Understanding the Role of LH: Myths and Fact that took place in Hamburg, Germany on May 25-26, 2007.

In recent years the possible beneficial role of LH supplementation has received increasing attention. This course, starting from the role of LH in the spontaneous cycle, will analyze the major issues related to the implementation of LH supplementation in ART, from patient selection and doses to the time of administration.

In reviewing some of the most important studies available on these topics, this course will provide the available data useful to plan ART cycles including LH supplementation. It will also place a particular focus on the best way to select cases that may benefit from this approach.

- Analyse the role of LH in spontaneous cycle in disorders characterized by high and low levels of LH
- How to select the subjects where LH supplementation could improve outcomes in ART cycles
- How to implement an LH supplementation in ART cycles when recommended